The Waterpik® Sensonic® Professional Toothbrush Removes Significantly More Plaque than Other Sonic Toothbrushes

Evaluation of the Plaque Removal Efficacy of Three Power Toothbrushes

Objective
To compare plaque removal ability of the Waterpik® Sensonic® Professional Toothbrush to the Sonicare® Elite, Oral-B® Sonic Complete and a manual toothbrush.

Methodology
145 subjects participated in this single use, blind study. Subjects abstained from brushing for 23-25 hours prior to pre-brushing data collection. Post-brushing scores were obtained after a two-minute supervised brushing with the assigned toothbrush. Whole mouth, marginal, and approximal plaque scores were obtained.

Results
The Waterpik® Sensonic® Professional Toothbrush provided significantly better reductions in plaque for whole mouth and marginal areas over the other three brushes. The Sensonic® Professional Toothbrush was better than the Sonicare® Elite and manual brush and statistically similar to the Oral-B® Complete for approximal plaque removal.

Conclusion
The Waterpik® Sensonic® Professional Toothbrush removes significantly more plaque than the Sonicare® Elite, Oral-B® Complete and a manual toothbrush.

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